

Fall Personal Check List
Student and Leader

Gear

- Pack
- Sleeping Bag
- Sleeping Pad
- Flash Light
- Garbage Bag
- Matches
- Fire Starter
- Sun Glasses
- Sunscreen
- Snacks
- Eating Utensils (Knife, Fork, Spoon)
- Personal Items
- 3 Liters H2O
- Medication- Student check
- First Aid Kit-Blisters: Band-Aid
- Whistle
- Compass (we will supply per group)

Clothing

- Base Layer Top (Synthetic)
- Base Layer Bottom (Synthetic)
- Socks x4 pairs (Wool/Synthetic)
- Gloves (Wool/Pile)
- Hat (Wool/Pile)
- Insulation Top (Pile/Wool/Down)
- Insulation Bottom (Pile/Wool/Down)
- Shell Top (Waterproof)
- Shell Bottom (Waterproof)
- Extra Camp Clothing (Insulation Layers)
- Hiking Boots (Over ankle, not snow boots)